

CREATE YOUR OWN

SANDWICH BASE PRICE - 2.50

Pick your bread or wrap, then add what you like.

→ BREAD (from golden grains)

honey wheat (v+h) · white · deli rye (v) · marble rye (v)

OR

9 grain (v+h) · sourdough (v) · hoagie rolls (v)

→ WRAP whole wheat (v) · spinach herb (v)

tomato basil (v)

SALAD (base price - little 2.50, big 3.50)

Start with a 'big ol' bowl of greens, add what you like.

MEAT 2.25 per 3 oz. portion

turkey · ham · roast beef · salami · pastrami

sliced organic baked tofu-lin · bacon (\$1.25)

CHEESE .75 per 1 oz. portion

white american · cheddar · muenster · swiss · havarti

pepperjack · provolone · feta · cream cheese · goat cheese

vegan mozzarella (\$1) · pimento cheese (\$1.50)

VEGGIES .25 each, * avocado 1.50

sprouts · avocado · red cabbage · red onion · spinach

cucumber · carrot · green leaf lettuce · tomato · green or

red pepper · banana peppers · jalapenos · pickles

SPREADS 1.00 per 1 oz portion

hummus · tabouleh · olive tapenade · sundried tomato

CONDIMENTS free

horseradish · horseradish - mustard · yellow mustard · spicy deli

mustard · honey mustard · stevie's vinaigrette · mayo

horsey - mayo · veganise

(v) vegan * (v+h) vegan w/ honey

BY THE POUND

STOCK THE PANTRY W/ ALL THINGS COMMON MARKET!

MEAT BOAR'S HEAD BRAND

Pastrami 8.99 · Roast Beef 9.99 · Turkey 8.99 · Ham 8.99

Salami 8.99 · Capicola 8.99 · Prosciutto 12.99

SALAD SCOOPS

Tuna Salad 9.99 · Chicken Salad 9.99 · Egg Salad 7.99

Blue Ribbon Pimento Cheese 9.99 · Hummus 8.99

CHEESE BOAR'S HEAD BRAND

Swiss 9.99 · Pepperjack 8.99 · Provolone 8.99 · Havarti 9.99

Munster 8.99 · White American 7.99 · Cheddar 9.99

FRESH BREADS GOLDEN GRAINS BAKERY

4.99 PER LOAF

Sourdough (v) · Marble Rye (v) · Rye (v) · 9 Grain (v+h)

Honey Wheat (v+h) · White

HOAGIE ROLLS (v)

4.99 PER 6 PACK



THE COLD BOX IS ALWAYS STOCKED W/ GOOD EATS!



AND WE'VE GOT ABOUT THREE MILLION

CATERING OPTIONS - SEND AN EMAIL TO:

CARLEY@COMMONMARKETISGOOD.COM

U LIKE US, U REALLY LIKE US



WE ROCK AWARDS 2005

Best Store and Deli Combo on Commonwealth Avenue
between The Plaza and Thomas Avenue

ONE OF CHARLOTTE'S TOP 25 PLACES TO GO
The Charlotte Observer

CREATIVE LOAFING 2006 BEST DELI
Critics Choice

CREATIVE LOAFING 2007 BEST DELI
Readers Choice

B. O. B. AWARDS 2007
Best Pimento Cheese



Boar's Head

All meats are Boar's Head brand & all breads are Amber Grains!



DELI MENU

Fresh made sandwiches. All meats and cheeses are Boar's Head Brand. Breads baked daily by Golden Grains. Plus a variety of homemade salads, soups, pasta salads, dips, desserts and so much more! Wide variety of vegan and vegetarian options!



PLAZA MIDWOOD

2007 Commonwealth Avenue

CALL IN * 704 334 5991



SOUTHEND

1515 South Tryon Street

CALL IN * 704 332 7783



www.commonmarketisgood.com

GOOD SANDWICHES

MAKE ANY SAMICH VEGETARIAN W/ SLICED TOFU... YUM!

the simple simon · 5.25 w/ cheese 6.00

Your choice of turkey, ham, or roast beef with red onion, tomato and lettuce.

evil homer · 6.75

Turkey, bacon, cheddar cheese, dill pickle, tomato, onion and lettuce

billy club · 7.00

Turkey, ham and bacon with provolone cheese, tomato and lettuce

the californian · 6.75

Turkey, avocado, sprouts, tomato and lettuce

old scratch · 5.75

Turkey with havarti cheese, carrots, cucumber and red cabbage

turkey capri · 6.75

Turkey with sundried tomato spread, goat cheese spread, baby spinach and red onion

the olympian wrap · 7.00

Turkey with feta cheese, olive tapenade, red onion, green pepper, tomato and lettuce in your choice of wrap

darby's roast beef deluxe · 6.25

Roast beef with cream cheese, horseradish, cucumber, red onion and lettuce

firehouse #8 · 7.00

Salami, cappicola, prosciutto, provolone cheese, red onion, green pepper, tomato and lettuce

b.l.t. · 5.00

Bacon, lettuce, tomato and mayo

b.l.t. deluxe · 6.00

Bacon, white American cheese, lettuce, tomato, onion, dill pickle and mayo

cm chicken salad · 6.25

Our secret recipe with lettuce and tomato

chicken salad deluxe · 6.75

Our secret recipe with bacon strips, white American cheese, lettuce & tomato

tuna salad · 6.00

Our secret recipe with tomato and lettuce

pimento cheese · 5.25

Homemade pimento cheese hot or cold

egg salad · 5.00

Homemade egg salad with tomato and lettuce

jack kennedy · 6.75

Homemade egg salad with bacon strips, horseradish-mayo and lettuce

VEG + VEGAN

tree hugger wrap · 6.50

Cream cheese, avocado, cucumber, red pepper, tomato, red cabbage and sprouts

vegetarian wrap · 5.50 w/ cheese 6.25

Lettuce, carrot, cucumber, red onion, tomato, bell pepper, red cabbage and sprouts

mid - eastern wrap · 6.50

Hummus and tabouleh with red onion, bell peppers, tomato and sprouts

the special k wrap · 5.75

Hummus, cucumber, tomato, lettuce and feta cheese

the straight - jacket soy · 6.50

Tofu-lin sliced tofu, baby spinach, tomato, onion, carrot, cucumber and red pepper

soy boy · 5.25 w/ cheese 6.00

Tofu-lin sliced tofu, red onion, tomato and lettuce

pb owen · 2.50

Peanut butter and jelly or honey

PANINI GRILLED **HOT** SANDWICHES

handsome henry's grilled cheese & tomato · 4.00

Your choice of cheese and bread

hot mama · 5.50

Tomato, red onion, red pepper, spinach, havarti and mayo

spicy turkey · 6.00

Turkey, red onion, red pepper, banana pepper, pepperjack cheese and spicy mustard

tuna melt · 6.50

Our secret recipe with cheddar and tomato

reuben · 6.25

Pastrami, sauerkraut, 1k island dressing, swiss and spicy mustard

pimento deluxe · 6.00

Homemade pimento cheese with bacon and tomato

10/2011

CALL IN ORDERS

PLAZA MIDWOOD 704 334 5991 SOUTHEND 704 332 7783

SALADS

chef salad · 8.00 BIG / 5.00 LITTLE

Choose turkey, ham or tofu with mixed greens, tomato, cucumber, carrots and swiss cheese.

BIG 3 oz meat + 1 oz cheese / LITTLE 1/2 oz. meat + 1 oz cheese

scoop salad · 8.00 2 SCOOPS / 5.00 1 SCOOP

Choose two scoops of chicken, tuna, hummus, tabouleh or egg salad over mixed greens w/ tomato, cucumber & carrots.

common cobb · 8.75 BIG / 6.75 LITTLE

Mixed greens topped with bacon, avocado, tomato, blue cheese and onion. (SouthEnd Location Only!)

** Ask for current salad dressings **

Have any of our salads on baby spinach for .50

ASK ABOUT OUR HOMEMADE SOUP OF THE DAY!

SMALL (8 oz)	LARGE (16 oz)	SOUP-O-RAMA SOUP + GRILLED CHEESE
1.99	3.29	6.00

We always have at least one vegan or vegetarian soup!

SOUPS POSTED DAILY ON FACEBOOK

DID U KNOW?

WE ALWAYS HAVE TO GO SANDWICHES,
PASTA SALADS, DESSERTS, DIPS,
VEGAN/VEGETARIAN DELIGHTS & MORE
AVAILABLE AROUND THE CLOCK!

PLAZA MIDWOOD

BREAKFAST

CALL IT IN * 704 334 5991
MONDAY-SATURDAY * 7:00 - 10:30 AM

SUNDAY BRUNCH 9 AM - 2 PM 
W/ AWESOME SPECIALS!

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THE BREAKFAST SAMICH \$4
Carb, Egg, Cheese, Protein (you pick 'em)

BAGEL + \$1.25 PLAIN / \$1.75 TOPPER
Cream Cheese, Hummus, Peanut Butter,
Honey, Jam or Butter

VEGAN/VEGGIE SPECIAL \$4-\$5
Always a daily special for the herbivore!

BREAKFAST CAPRI \$4.25
Eggs, Sundried Tomatoes, Goat Cheese,
Protein, Baby Spinach and Red Onions

LATER HATER \$4.25
Eggs, Protein, Baby Spinach,
Pimento Cheese and Tomato

DRAGON SLAYER \$4.25
Eggs, Protein, Pepper-Jack, Onion and
Red + Green + Jalapeno Peppers

SIDES
Grits (Vegan) \$1.50
Pimento Cheese Grits \$2
Hashbrowns (Vegan) \$1.25



CARB

Bagel * Asiago, Everything, Plain, Wh. Wheat,
Blueberry, Cinn/Raisin

Bread * 9 Grain, Honey Wheat, White,
Sourdough, Marble Rye, Jewish Rye

Wrap * Tomato-Basil, Whole Wheat,
Spinach Herb

Croissant 25¢ EXTRA!

CHEESE

Swiss, Cheddar, White American, Muenster,
Provolone, Goat Cheese, Cream Cheese,
Pepper Jack, Havarti & Vegan Cheese

PROTEIN

Bacon, Pork Sausage, Turkey Sausage, Ham,
Soy-Veggie Sausage



PLAZA MIDWOOD * 2007 COMMONWEALTH AVE
STORE * 704 334 6209 www.commonmarketisgood.com

SOUTHEND SHOP

BREAKFAST

CALL IT IN * 704 332 7783
MON-FRI 7AM-10:30AM * SAT 7:30AM-10:30PM
SUN 9AM-2PM

SUNDAY BRUNCH 11AM-2PM 
FEATURING VEGAN & MEAT FRIENDLY SPECIALS



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THE B-FAST SAMMY \$4.50

1 Carb, 1 Egg, 1 Cheese, 1 Protein (you pick 'em)
Options on flip side (additional items @ market price)

BAGEL w/ BLING \$1.50 (\$1.25 NAKED)
Toasted w/ your choice of bling: Cream Cheese,
Hummus, Peanut Butter, Honey, Jam,
Butter or Nutella

GREENS 'N STUFF \$5

Egg, Avocado, Baby Spinach, Alfalfa Sprouts,
Swiss Cheese & Vegenaize (on your choice of carb)

THE SCRAMBLER \$4.75

Housemade Tofu Scramble (contains nuts),
Red Onion, Vegenaize, Cheddar Cheese and
Baby Spinach on a Wrap. (may sub vegan cheese)

BREAKFAST CAPRI \$5

Eggs, Sundried Tomatoes, Goat Cheese,
Protein (your choice), Baby Spinach
& Red Onion (on your choice of carb)

THE MAYOR \$5

Eggs, Protein (your choice), Pimento Cheese,
Red Cabbage, Tomato, Carrots, Red Onion
& Red Pepper (on your choice of carb)

THE J WRAP \$5

Eggs, Protein (your choice), Pepper Jack,
Black Bean 'n Corn Goodness in a Wrap

YOU ARE SPECIAL OMELET \$5
Protein (your choice), Cheese, Tomato,
Baby Spinach & Red Onion
(add toast for 50 ¢ extra)

THE GREEK OMELET \$5.50
Protein (your choice), Feta, Green + Red
Peppers, Red Onion, Tomato & Olive Tapenade
(add toast for 50 ¢ extra)

CARB

Bagel * Asiago, Everything, Plain, Wh. Wheat,
Blueberry, Cinn/Raisin, Sundried Tomato,
Spinach, Sesame

Bread * 9 Grain, Honey Wheat, White,
Sourdough, Marble Rye, Jewish Rye

Wrap * Tomato-Basil, Whole Wheat,
Spinach Herb

Croissant 25¢ EXTRA!

CHEESE

Swiss, Cheddar, White American, Muenster,
Provolone, Goat Cheese, Cream Cheese,
Pepper Jack, Havarti & Vegan Cheese

PROTEIN

Bacon, Sausage, Turkey Sausage, Ham,
Soysage, Black Bean 'n Corn Goodness

VEGGIES

Veggies 25¢, Avocado \$1

SIDES

Plain Grits (vegan) \$1.29 (8 oz.)
Pimento Cheese Grits \$2.49 (8 oz.)
Homefries \$1.99 (8 oz.)



SouthEnd * 1515 S. TRYON STREET
STORE * 704 332 7782 www.commonmarketisgood.com